

# From Mourning to Joy

## With Rabbi Langer

### Sunday, July 24 - 10 AM



17th of Tammuz

18 of Tammuz  
Fast Postponed  
until today due to  
Shabbat.  
Fast Begins at  
4:42 AM  
Fast Ends at  
8:24 PM



Join Rabbi Langer to discuss the **three weeks** that lead from the **17<sup>th</sup> Tammuz** (breaching of the walls of Jerusalem) to the **9<sup>th</sup> of Av (Tish'a B'Av)**.

These weeks are traditionally a period of mourning, known as *bein hametzarim* – in the narrow straits.

So it is all the more surprising that just one week after **Tish'a B'Av** comes an especially joyful festival – the **15th of Av** which is **Tu B'Av** (Jewish Love Day).



Join Rabbi Langer for a little dairy nosh to learn more about these special Jewish days.

RSVP with the Synagogue Office by  
**Wednesday, July 20th.**



9th of Av  
Erev of  
Tish'a B'Av  
Fast Begins at  
8:06 PM  
9 PM Service

10th of Av  
Tish'a B'Av  
9 AM Service  
Fast Ends at  
8:41 PM

Please join us for Tisha B'Av Services on August 6th & 7th.

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15 of Av  
Tu B'Av

